

POST-CONFERENCE WORKSHOP

MINI-KIDS, A ONE-DAY TASTER

Veerle Waelkens



September 17, 2024



9:00 - 18:00



University of Silesia
in Katowice, Poland



80 EUR normal rates

60 EUR student rates

(including ESS students)



350 zł pełna opłata

260 zł opłata ulgowa

(studenci, w tym ESS)

My name is **Veerle Waelkens**. I graduated in 1989 as a speech and language pathologist. I was employed for 17 years in a multidisciplinary center for developmental disorders, where my love for stuttering developed. Most of my clients showed stuttering and other comorbid disorders then.

Since 2003 I took on the challenge of lecturing about stuttering, cluttering and complex speech disorders (childhood apraxia of speech) at Artevelde University College in Ghent (Belgium).

As a certified fluency specialist, I lecture and coach in ESS (ESS Course • European Stuttering Specialization).

Since 2003 I also run my private practice where I specialize in stuttering, cluttering, selective mutism and childhood apraxia of speech. My passion lies with the very young children and their parents.

In 2017, 2018 and 2022, I published specialized books aiming at students and colleagues in the field. My passion is to provide hands-on material and insights for clinical reasoning.

Since 2022 I have partnered with the Thomas More University College and the University of Liège in a research project for direct treatment in young children, called TreaTpaCS (TreatPaCS – Treatment for preschool age children who stutter; TreatPaCS: Treatment for preschool age children who stutter: (fgov.be))

September 15, 2024,
University of Silesia in Katowice,
Poland

15 września 2024 roku,
Uniwersytet Śląski
w Katowicach

International Conference: *Many Voices on Stuttering and Cluttering*

Międzynarodowa Konferencja: *Wielogłos o jękaniu i gielkocie*



Mini-KIDS is a direct approach for young children who stutter between 2 and 6 years of age. Children in this age group fit nicely in the 'window of opportunity' for recovery. It is difficult however to predict which preschool age child will recover without treatment, therefore, a period of (active) monitoring is often the first step for these children. When there is more required than active monitoring or indirect treatment, Mini-KIDS is a good choice as a direct approach. This direct approach is recommended if there is reactive behavior and the child shows signs of awareness and unpleasant feelings linked to stuttering.

Mini-KIDS aims at recovery or -for those children for whom this is not achievable- at easy moments of stuttering that do not hinder the communication in any way. The philosophy of Mini-KIDS is that stuttering is allowed. The children dare to stutter (desensitisation) and in that way evolve towards being able to stutter (identification and modification). By allowing the stuttering and talking openly about it both with the children on their own level, and between these children and their parents, we install a positive attitude towards stuttering and an internal locus of control.

Aim of this one-day workshop is to get a taste of the philosophy and the atmosphere of working on the different goals in desensitisation, identification and modification. It is a practical workshop.

Learning Objectives:

After this workshop, the participants will be able to:

- do the clinical reasoning to decide whether direct treatment, such as Mini-KIDS is indicated,
- understand the philosophy and techniques used in Mini-KIDS,
- explain and understand the reasons for the difference in the approach for children aged between 2-4 compared to the group of children aged between 4-6,
- explain the reference framework, the techniques and methods that are used in Mini-KIDS
- experience some exercises in the desensitization, identification and modification phase.

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 UNIVERSITY OF SILESIA
FACULTY OF HUMANITIES

 ia

 FUNDACJA
CENTRUM
LOGOPEDYCZNE

Program of the Workshop

9:00 – 10:30	<ul style="list-style-type: none"> • Reference frames for Mini-KIDS • Basic information about Mini-KIDS • Motivational transparency • Importance of pseudostuttering and in vivo training • Age limits 	90 min
10:30-10:45	Coffee break	15 min
10:45-12:15	<ul style="list-style-type: none"> • Framework for children between 2 and 4 years of age • Mandate with parents • Exercise desensitization • Exercise modification 	90 min
12:15-12:30	Coffee break	15 min
12:30-14:00	<ul style="list-style-type: none"> • Framework for children between 4 and 6 years of age • Mandate with the child • Exercise desensitization 	90 min
14:00-14:45	Lunch Break	45 min
14:45-16:15	<ul style="list-style-type: none"> • Exercise identification – discrimination • Exercise modification 	90 min
16:15-16:30	Coffee break	15 min
16:30-18:00	<ul style="list-style-type: none"> • Exercise modification (continued) • Discussion and questions 	90 min

Target group: Speech-language therapists (SLT / logopedists) and SLT students

Level: Intermediate

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